

Technical Guide

20. MTB Singletrack Marathon Košice - UCI C1

(running under the UCI regulations)

- ŠKODA XCM Slovak national cup –



Date: 9. September 2023 (Saturday)

Organizer: ProSport Team Košice o.z.

Obrancov mieru 12., 04001 Košice , IČO: 42321093

Web : www.singletrackmarathon.com

Facebook: <https://www.facebook.com/singletrackmarathon/>

Director of the Race: Tomáš Hauser Tel: 00421 911 972 021

E-mail : tomihauser@gmail.com

UCI commissaire : Nikola Jakovljevič (SRB), President of Commissaires' Panel

Chief jury: delegated by Slovak Cycling Federation

Health surveillance: Offroad Rescue Service Východ – 00421 907 321 251

The race will be covered by mountain rescue teams with ambulances stationed around the race and with direct access to hospital.

The nearest hospital : Univerzitná nemocnica L.Pasteura Košice, Trieda SNP 1 , tel: 00421 55 640 21 11

Start/Finish area: Recreational center Jahodná Resort near Košice (12km from the centrum)



Characteristics of the course:

Track surface: 60% single track !!! , 35% forest path with the reinforced surface, 5% asphalt, chesil (crushed balast)

Registration:

On-line: www.sportsoftiming.sk

For the UCI C1 Category : The registration **deadline is on Wednesday 6.9.2023** at 12.00 am CET. Riders need to complete their registration individually for the UCI C2. Late entries are accepted on a payment of a fine of CHF 100. The deadline for late entries is by noon on the eve of the race.

Presentation:

8.9.2023 (Friday) Košice – [FamilyGym Oáza](#) **18:00–20:30**
(at **20:30** – Team manager meeting)

9.9.2023 (Saturday) [Jahodná – Čajovňa](#) od **07:00** hod.

The end of presentation is 30 minutes before the start of the respective category!!
At the presentation the participants will receive the memorial souvenir, instructions, food, drink and shower voucher, starting number with chip, starting number clips.

Participation fee for the UCI categories (75km):

40,- € paid until **18.8.2023**
with starting package .

50,- € paid after **18.8.2023**

We can guarantee the full start package for the first 300 paid participants overall on all distances

Payment:

After registration via www.sportsoftiming.sk you can pay online with debit/credit card or by bank transfer.

Track informations for UCI category :

75km – real distance 73,15km , elevation 1960m, start at 10:00 ,
surface : 51km singletrack, 17km forest roads, 5km asphalt,

Training on the track is possible on the last week before the event. The Track is fully marked only the last day before the race ! All competitors ride in training at their own risk! No traffic limitations apply for training, so be aware when crossing roads at all times !!!

Feed and Technical assistance zones:

powered by Powerbar products.

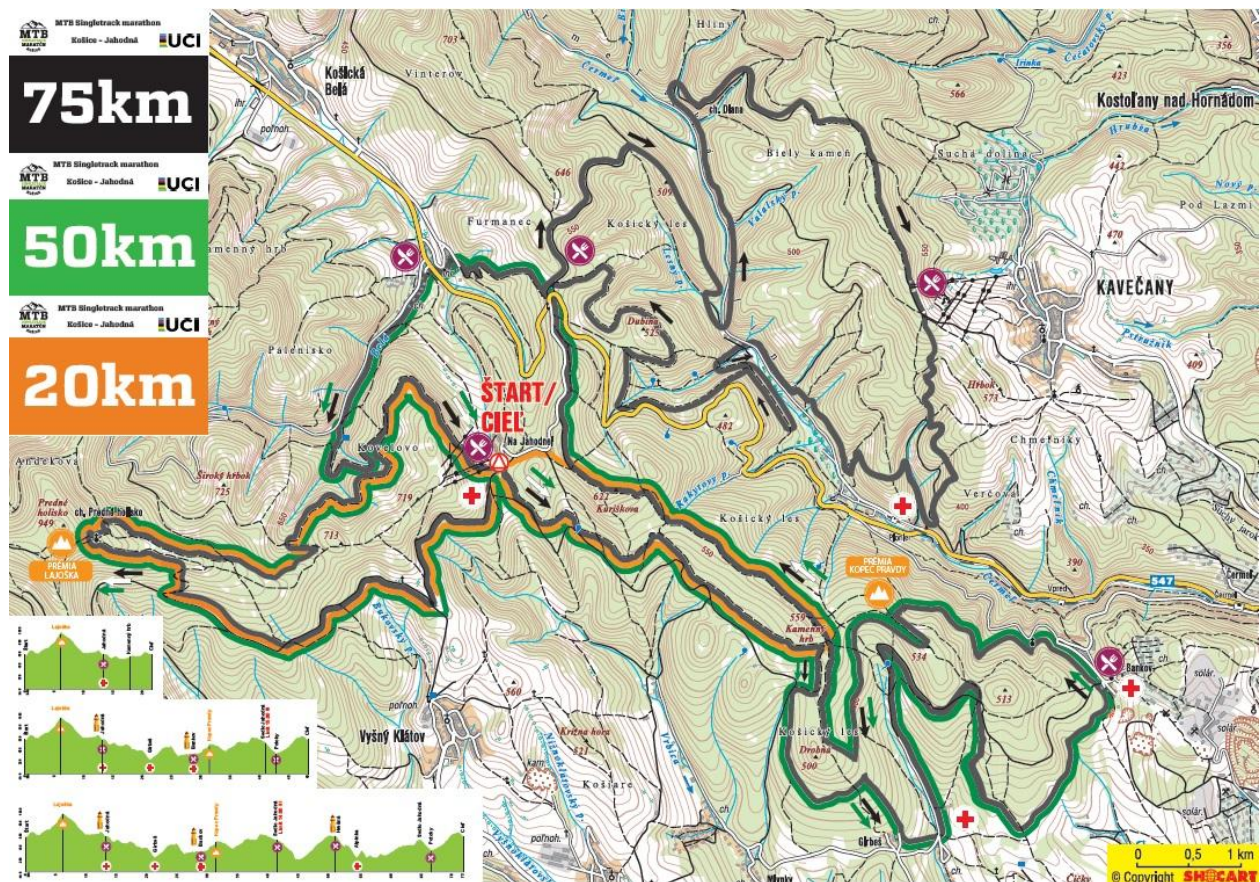
75km distance – 5x (#1,#2,#3,#4,#5)

50km distance – 3x (#1,#2,#5)

20km distance – 1x (#1)

At the 1st (Jahodna) 2nd (Bankov) and 4th (Hrešná) refreshment points, there are fully charged powerbar bottles (with powerbar 5 electrolites) for the first Elite riders .

Map of the courses with health surveillance places and TA/feed zones:



MTB Singletrack Marathon



#1 – Start/Finish Area- Jahodna Resort 13,5th km , the riders pass the start finish area after 30 min. of race.



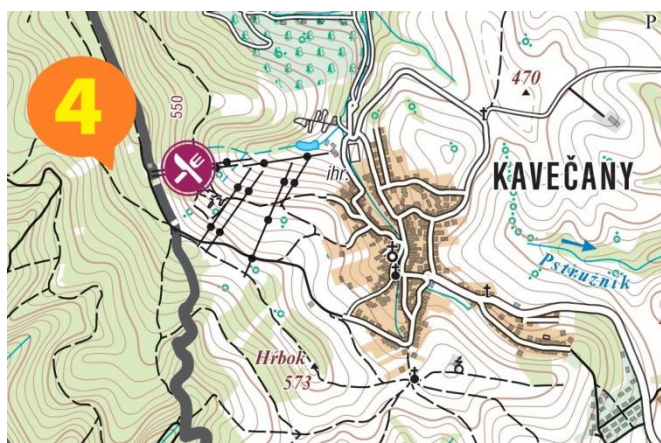
#2 – Bankov , 29th km , next to **BUFET Zivanska Koliba**. You can access this place by car (14km) from Košice -> direction Bankov , or on the bike (7km) from start/finish area following the red tourist sign.



#3 – Sedlo Jahodná , 41th km , only 2km from start/finish area , accessible by car or bike .



#4 – Hrešná , 59th km , accessible by car ,17km from tart/finish area to Košice -> Kavečany -> Chata Hresna .



#5 – Potoky , at “Koliba Potoky” , 72th km , 5km from start/finish area by car or bike .

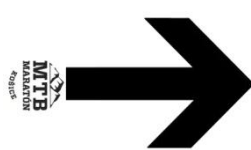


Track marking:

According to the UCI rules: direction arrows (boards with the white background) show the next changes of the track, the crossroads and all the potential dangerous situations. The supplementary marking: by means of PE strips and colorful direction arrows sprayed with the striking spreycolor on the surface and the stable objects on the track. Also special and interesting parts of the track, premiums and the refreshment zones will be marked.



!!!



X

~~FEED ZONE~~

Categories:

75km - long (start at 10:00) :

Men ELITE - UCI C2 (all riders above 19 years with ELITE or Masters license)

Men 19 - 39 years

Men masters B 40 - 49 years

Men masters C 50 - 59 years

Men masters D 60 or more years

Women ELITE - UCI C2 (all riders above 19 years with ELITE or Masters license)

Womens 19 or more years

[Slovak national cup XCM - men 19-39 years with SZC or UCI licence](#)

[Slovak national cup XCM - men masters 40-49 years with SZC or UCI licence](#)

[Slovak national cup XCM - men masters 50 years or above with SZC or UCI licence](#)

[Slovak national cup XCM - women 19 years or above with SZC or UCI licence](#)

50km - medium (start at 10:00) :

Men 19 - 29 years

Men masters A 30 - 39 years

Men masters B 40 - 49 years

Men masters C 50 - 59 years

Men masters D 60 or more years

Women 19 - 39 years

Women Masters B 40 - 49 years

Women 50 or more years

Juniors 17 - 18 years

Junior womens 17 - 18 years

[Slovak national cup XCM - juniors until 18 years with UCI or SZC licence](#)

[Slovak national cup XCM - junior womens until 18 years with UCI or SZC licence](#)

[Slovak national cup XCM - women masters 40 years or above with UCI or SZC licence](#)

TEAM 50 - without year and gender selection

20km - short (start at 11:30) :

Man 19 years or more

Woman 19 years or more

Juniors 17 - 18 years

Kadets 15 - 16 years

Junior womans 17 - 18 years

Kadet womens 15 - 16 years

[Slovak national cup XCM - cadets until 16 years \(U17\) with UCI or SZC licence](#)

[Slovak national cup XCM - cadet womans until 16 years \(U17\) with UCI or SZC licence](#)

Family - Parent and children/s until 15 years

TEAM 20 - without year and gender selection

EBike - without year gender and bike power selection (all on ebikes in one category)

Junior Race - Childrens race from 1 to 14 years

(boys and girls categories 1-4, 5-6, 7-8, 9-10, 11-12, 13-14)

UCI MTB marathon events are open to riders corresponding to the following conditions:

- having an annual licence issued by a national federation and present this licence at registration;
- riders don't need a certain number of UCI points to participate;
- unlimited participation for national federations or teams as the riders can participate in their UCI MTB team or club Jersey

Prizes and Awards:

The first three in the categories in all tracks will obtain the cups and the material prizes. The winner of the Premium „Kopec Pravdy“ („Hill of the Truth“) will obtain the material prize. The first 5 men and women with UCI license in the absolute order on the 80 km will obtain the financial awards as follows:

UCI C1 Men and Woman overall :

Finančné odmeny Muži UCI-C1 celkom 1873€		Finančné odmeny Ženy UCI-C1 celkom 1873€	
• 1.miesto 420 EUR	• 6.miesto 140 EUR	• 1.miesto 420 EUR	• 6.miesto 140 EUR
• 2.miesto 350 EUR	• 7.miesto 105 EUR	• 2.miesto 350 EUR	• 7.miesto 105 EUR
• 3.miesto 280 EUR	• 8.miesto 88 EUR	• 3.miesto 280 EUR	• 8.miesto 88 EUR
• 4.miesto 210 EUR	• 9.miesto 70 EUR	• 4.miesto 210 EUR	• 9.miesto 70 EUR
• 5.miesto 175 EUR	• 10.miesto 35 EUR	• 5.miesto 175 EUR	• 10.miesto 35 EUR

Premium „Kopec Pravdy“ („Hill of the Truth“) will obtain the racer determined by lot from among the racers who will cycle up the defined part of the track on the bike saddle.

- **Premium " Lajoška"** - first rider at the top.

Prize money is given in cash after the awards ceremony.

The awards can only be given to those riders who took part at the awards ceremony.

Insurance:

The participants are obliged to ensure their individual insurance. If necessary the participant is required to prove the possession of the health insurance card. The organizer shall not be liable for the damages caused on the property or on the health linked to the participation in the race or on the way to and the stay on the race site.

Accommodation:

The organizer shall not ensure the accommodation.

The individual reservation at the reception:

Stredisko Jahodna

mob.: 00421-903 269 257

00421 903 469 966

web: www.strediskojahodna.sk

e-mail: strediskojahodna@gmail.com

Program:

Friday, 8.9.2023

- 12:00 – 20:00 training on the track (All competitors ride in training at their own risk! No traffic limitations apply for training = be aware when crossing roads at all times!!!)
- 18:00 – 20:30 presentation in FamilyGym Oaza (Kustrova 5., Košice)
- 20:30 – Team manager meeting

Saturday, 9.9.2023

- 07:00 start of the presentation
- 10:00 common start of 75 km and 50km
- 11:30 common start of 20 km and Family
- 12:30 start of Junior race
- 15:00 announcement of the Junior race
- 15:30 announcements of the MTB singletrack marathon and UCI C1.

Sunday, 10.9.2023

- 9:00 [KECY Singletrack TOUR](#)

The right to make the changes if necessary is reserved to the organizer.

For more information visit our website : www.singletrackmarathon.com